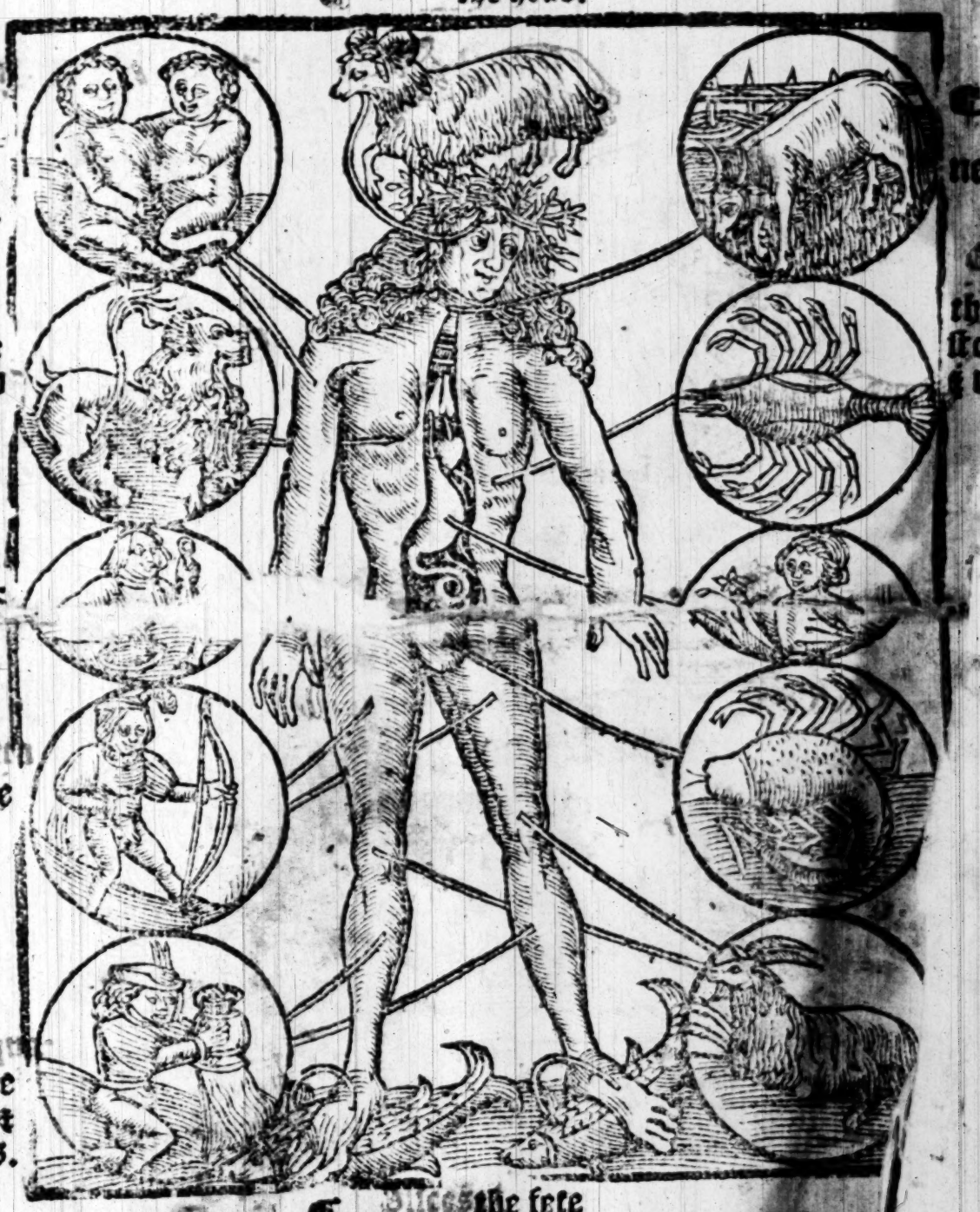
☞ Howe the Signes gouerne in mannes bodye:

¶ Aries the head.



Cancer the brest ſtomake & rib

Libra the reines

Scorpius the members.

Sagittarius the thies.

Capricornus the knees.

Aquarius the Shins & Legges.

¶ Pisces the fete

¶ December.

Sun riseth at. 8. of the cloche. xii. minutes & setteth at. iii. thqrt. minut.	The Moone is at	Moons in	Good or ill dates
1 f Eligii epiſc.	28.	Aqua.	* ✝ ff
2 g	11.	Pis-	* ✝
3 a Depoſ. Oſmũd.	26.	ces.	* ✝ ff

¶ The firſt qua. the. 3. daie at. 2. of the clock in the mornyng, tempeſtuous wether with rain and haile, winde South, and southweſt

4	b	Barbara virgin	9.	Ari-	ȝ
5	c		22.	es.	ff
6	d	Nicolai epiſc.	6.	Tau-	ff
7	e		18.	rus.	ȝ
8	f	Concep. Mary.	1.	Ge-	
9	g	Cypria. abbate.	13.	mi-	ff
10	a	S. Eulalie.	25.	ni.	ȝ

¶ The full moone the. 12. daie at fiue of the clocke, 36. mi. after noone indifferent cold but after a daie or. ii. greate blaſtes of wind producyng raine, winde Northweſt.

11	b		7.	Can-	* ✝
12	c	¶ Sun in Cap.	29.	cer.	ȝ
13	d	Lucie virgin	1.	Leo.	
14	e		22.	Leo	ff
15.	f	Valerii epiſco.	24.	Leo	ȝ
16	g		6.	Virgo	
17	a	Lazari.	18.	Virgo	
18	b	¶ Gatiani epiſc.	1.	Libra	

¶ The laſt quarter the eighteene daie, at. 9. of the clocke after noone, cold with ſome froſt, winde North, or Northweſt.

19	c		14.	Libra	ȝ
20	d	¶ Faſt.	27.	Libra	* ✝ ff
21	e	¶ Thomas ap.	1.	Scor-	* ✝
22	f	Triginta mart.	24.	pio.	* ✝
23	g	Vigile virgin	8.	Sagi-	
24	a	¶ Faſt.	23.	tarius.	✝ ff
25	b	Chriſtmas day.	7.	Capri.	ȝ

¶ The new moone the. 27. day at. 9. of the clo. 22. mi. at night, froſt, two daies after ſhe to be tempeſt & raine, winde ſouthweſt.

26	c	S. Steuen.	22.	Capr.	ȝ
27	d	S. Ihon.	7.	Aquar.	* ✝
28	e	Innocentes.	22.	Aquar.	* ✝ ff
29	f		6.	Piſces.	* ✝
30	g		21.	Piſc.	* ✝ ff
31	a	Siluestri epi.	6.	Aries.	

¶ The firſt quarter is to morowe vpon New yeres day at. vi. of the clocke, colde and dry, winde Northweſt.

Aries		the hedde.
Taurus		the necke.
Gemini		the armes.
Cancer		the breaſt.
Leo		the harte
Virgo	Ruleth	the guttes.
Libra		the reines
Scorpius		the members.
Sagittarius		the thies.
Capricorn		the knees.
Aquarius		the legges.
Piſces		the feete.

¶ Generall rules for election

of the Signes.

IT is to be noted, in all theſe rules following, that the daie in the Kalender be not marked with this (✝) when the thing that you entende, ſhall not take ſo good effect. Good to ſet ſowe, plante, or graffe when the Moone is in Taurus, Virgo, Capricorne, and Piſces.

Good to ſtoppe ſtinckes, trumpes, and lakes, the Moone beyng in Taurus, Virgo, and Capricorne.

Good to entre battle: the Moone in Cancer, Scorpius and Piſces.

Good to cutte heeres, or ſhaue the beарde: in Libra, Sagittary, Aquarius and Piſces.

Good to marie: the Moone in Gemini, Libra, and Aquarius.

Good to hunt, in Aries, Leo, & Sagittary

Good to ride, in Piſces, and Cancer.

Good to begynne to build: in Taurus, Aries, and Virgo, with any inſtrument or carriage manuall or potenciall, when the Sunne or Moone, or the Lorde of the aſcendente, is in the ſame ſigne that gouerneth that parte, or that the Moone be in the Eaſt angle. Take alſo heede leſt the Lorde of the eight houſe, be with the Moone, or with the Lorde of the aſcendent. Or that the Moone, or the Lorde of the aſcendent, be in the fowerth or eight houſe.

Alſo Gemini, Leo, the laſt halfe of Libra, and the firſte twelue degrees of Scorpius, with Taurus, Virgo, and Capricorne, are not good for letteyng of blood.

Alſo almoſte. 2. daies before the chaunge of the Moone, and. 2. daies after, is not good to lette blood: nor when the daie is marked thus. ȝ.

As touchyng cliſters that be not to ſtrong

Alſo gentill and lenitiue purgacions, may bee giuen at any tyme, Satis longe a cibo, without daunger. As the moſte parte of the beſte learned Phiſicians dooe teſtifie, and I my ſelfe by daily practiſe and experience, do finde it true.

But to take any ſtrong purgacions: it is good to obſerue mete and choſen daies. Niſi morbi ſint valdi acuti, quia tunc (teſte Hippocrates) medicari oportet eadem die, tardare enim in talibus malum eſt.

Likewiſe, as touchyng letteyng of blood: if it be for the peſtilence, phrenſie, pleureſie, Squinancie. Vbi ſynacho putrida, for any ſtrong burnyng ague, for inflamation, or extreme paine: a man maie not tary for a choſen daie, for the patiente maie die in the meane ſpace: but inſtantly with all ſpede he muſt be let bloode, except he be very weake excepte alſo the Moone bee in the ſigne, that ruleth that part of mannes body.

The good daies, apte to take any purgacion, are marked thus. *

The daies good for to let blood, are marked thus. ✝

The unfortunate & dangerous daies thus. ȝ

The good & Fortunate daies thus. ff

Moreouer, you ſhall finde at what houre and minute, the Sonne entreth and letteth, at the beginnyng of euery moneth.

Alſo what degree and ſigne the Moone is euery daie at noone.

¶ *Imprinted at London by Ihon Waley.*

A neceſſary Almanacke

AND KALENDER

in whiche is contayned the daye houer and
minute of the chaunge, full and quarters of the Moone,
for this yere of a. 1560. and the true degree and minute
of the Sonne euery day at noone: with the signe and
degree of the Moone also at noon. ſeruing wel for
theſe thre nexte yeares and generall rules for
the weather, with rules as general for the
letting of bloud, and taking of purga-
tions, and many others which shal
playnlyer appeare in the nexte
leafe, gathered by Tho-
mas Hyll Londi-

Imprinted at London in Fletestrete nere to
S. Dunstons Church by Thomas
Marshe.